

Everyone could use a helping hand!
With an adult's help, gather things
for a Care Kit to help people in need
in your community.

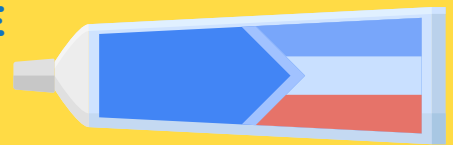
Create a CARE KIT

- Start with a quality zipper plastic bag.
- Fill it with small personal care and grocery items.
- Write a cheery note and slip it in the bag.
- Drop off your Care Kit at a local shelter or winter warming station.



PERSONAL CARE

Soft tissues
Solid deodorant
Plastic comb
Wet wipes
Warm socks
Toothbrush and toothpaste



NUTRITION and TREATS

Bottled water
Peanut butter
Granola bars
Yummy snacks
Plastic utensils
Sugarless gum



mindful
by sodexo

BE SURE TO
ADD A NOTE!



Have a nice day!



I care about you!

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